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	Health Ques	tionnaire for Internatio	nal Travel					
The detailed information	enables us to individualise a	nd tailor travel advice to yo	our specific itinerary					
Personal Details	First Name:DOB							
Dates of your Trip Detailed Itinerary	Date of Departure ://20 Return Date: ://20							
Country	Cities/Areas	Length of stay in days	Altitude Y/N – Metres					
Please circle all that des	scribe your trip							
Trip Type	Business	Holiday	Visiting Family / Other					
Holiday Type	Package	Backpacking	Cruise / Trekking					
Accommodation	Hotel (A/C)	Budget / Hostel	Camping / Relatives					
Travelling	Alone	With Family / Partner	Friend / Group					
Staying In	Urban Area	Rural Area	Mountain / Arid Region					
Activities	Trekking	Safari / Adventure	Scuba / Extreme Activity					
HEALTH STATUS - Do you have OR have you had any of these medical problems (please circle) Asthma / Epilepsy / Diabetes / High Blood Pressure / Irregular Heart Beat/ DVT/ HIV/ Mastectomy								
	-	-	-					
	sis / Immunity conditions / Mo			disease/ I hymus				
a) Other medical probler	ns (please specify)							
	dications (eg contraceptive pil ease circle) Eggs, Bees, Sulp		, Bandaids, Other					
d) Have you ever Fainte	d or had any serious reaction	s after injections or giving I	blood? Yes / No					
e) Could you be pregnar	nt now OR any plans for preg	nancy within 3 months of re	eturn Yes / No					

Yes / No

f) Does anyone around you have a weakened immune system? (Eg Cancer/HIV patients) Yes / No

i) Did you miss any of your usual childhood vaccinations?

DOB: Name:



VACCINATION HISTORY

Ns	DISEASE	Previous Vaccination	Date	Brand/ Booster	X	Dr's Schedule - Recall done Y/N	Dr's Use – Travel Pack	Qty
	Typhoid (IM / O)							
	Hep A (Adt/Jnr)							
	Нер В							
	Rabies (IM/ID)							
	Tetanus/Pertussis						Loperamide	
	Polio / Adacelpolio						Gastrolyte ORS	
	Flu						Bushman 80%	
	Meningitis ACWY / B						Repel 30%	
	Yellow Fever(I)						EXTRAS	
	MMR (I)						TD	
	Chicken Pox(I)						Malaria	
	Shingles /VZV						Altitude	
	TB (I)							
	Hib							
	Japanese							
	Encephalitis							
	Pneumonia 13 / 23							
	Cholera (o)							